



Using Golf to Light The Path
for all adaptive/at-risk youth, veterans,
and first responders



Player Classification by Disability Type (Sport Class)

Golfers with lower limb impairments

Sport Class G1

The golfers have an impairment affecting one leg, for example an amputation above the knee. They may use a prosthesis or golf on one leg.

Sport Class G2

Golfers in this sport class include those with impairments in the lower parts of one leg, but with less impact on golfing compared to G1. Typical examples are amputations above the ankle or loss of muscle control in one leg or leg length difference.

Sport Class G3

This sport class includes golfers with an impairment in both legs, such as muscle weakness in both legs or double amputation.

Golfers with arm impairments

Sport Class G4

The golfers in this sport class have impairments affecting one arm and either 1) do not use any golf aide or adaptive device to connect to the club, or 2) do not intentionally use the impaired arm when initiating a stroke through striking the ball. At the initiation of the stroke through striking of the ball, there can only be one intentional point of contact on the club. All golfers in this category, must play every stroke during a round of golf with one arm - any aid from an artificial appliance, prosthetic, or part of the impaired arm is not allowed. This category includes limb deficiency, impaired passive range of motion and impaired muscle power related to the arm.

Sport Class G5

The golfers in this sport class have impairments affecting one arm and either 1) use a golf aide or adaptive device to connect to the club or 2) use the impaired arm at any time in the swing between when initiating a stroke through striking the ball. At the initiation of the stroke through striking the ball, this class is allowed to have two points of intentional contact on the club while striking the ball for any stroke during a round of golf. This category includes limb deficiency, impaired passive range of motion and impaired muscle power related to the arm.

This sport class is designated for athletes with impairments in both arms that prohibit them full use of the golf club. Golfers, for example, have missing hands or cannot grip firmly the club properly. Therefore, you may see them using an adaptive golf tool.

Golfers with combined impairments in arms and legs

Sport Class G7

This sport class is designed for golfers who have an impairment in arms and legs. Some of the G7 golfers have mild coordination problems in all extremities. Others have amputations affecting at one arm and one leg.

Sport Class G8

Athletes with Neurological Conditions and Coordination Impairments. Abnormal increase in muscle tension and a reduced ability of a muscle to stretch, lack of co-ordination of muscle movements, unbalanced, involuntary movements and a difficulty in maintaining a symmetrical posture due to a neurological condition, such as cerebral palsy, brain injury or multiple sclerosis.

Seated Golfers

All seated-golfers that have an impairment affecting their body in which they use a Para-mobile device to compete. They are allocated different sport classes depending on their trunk control, which is very important for golf.

Sport Class G9

Golfers have an impairment that limits their leg and trunk function. They would be unable to sit without supporting himself or herself with the arms, for example due to paraplegia.

Sport Class G10

Golfers in this sport class have near to normal trunk control.

Golfers with Visual Impairments

Sport Class G11

These athletes have a very low visual acuity and/or no light perception.

Sport Class G12

Athletes have a higher visual acuity/ higher than athletes competing in the G11 sport class & a visual acuity higher than 20/600 with some light perception.



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Athletes have the least severe visual impairment eligible for Paralympic sport. They have the highest visual acuity and/or a visual field of less than 20 degrees radius.

To ensure safety all G11 & G12 golfers must use a caddy, while a G13 may use a caddy.

Short In Stature

Sport Class G14

Athletes with short stature compete in this sport class.

Intellectual Disabilities

Class G15

Athletes with an Intellectual disability which has certain limitations in cognitive functioning and skills, including communication, social and self-care skills. Level 5 Special Olympics North America golf athletes. Examples- Athletes with Downs Syndrome/ Autism.